

Introduction and getting to know each other and ourselves

Lesson Plan Outline	
Unit1	Introduction discussion, getting to know each other, group rules, culture of the organization, Physical appearance, Time management, Peer Learning
Unit 2	About you, Branding, Your goals
Unit 3	Learning about creating tutorial for life skills
Unit 4	Ice-Breaker, Working together, Role playing
Unit 5	Outcomes, Reflection

Learning process outline

Getting started, overview, your questions
Outline of the learning
Exercise of the learning, project based
Review & Reflection
Outcomes and document

Curriculum Flow Process:

Est. Time	Label	Detail				
6 hr	Discuss about you Discuss the beginning of learning ABOUT YOURSELF	<p>Introduction to Project Academy</p> <p>Utilize the Experience and Wisdom of your past</p> <table border="1"> <tr> <td> <p>Experience? practical contact with and observation of facts or events. "he had already learned his lesson by painful experience"</p> </td> </tr> <tr> <td> <p>Wisdom? ability to discern inner qualities and relationships : insight. b : good sense : judgment</p> </td> </tr> <tr> <td> </td> </tr> <tr> <td> </td> </tr> </table>	<p>Experience? practical contact with and observation of facts or events. "he had already learned his lesson by painful experience"</p>	<p>Wisdom? ability to discern inner qualities and relationships : insight. b : good sense : judgment</p>		
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8 hr	Peer learning process	You own your learning with a team-mate				
6 hr	Class schedule	How the classes will run & our responsibility <ul style="list-style-type: none"> • Our culture, students' responsibility 				

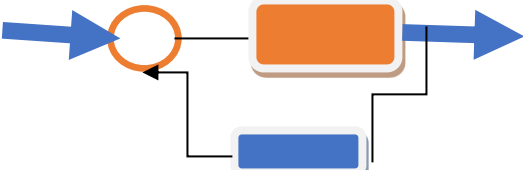


Est. Time	Label	Detail
		<ul style="list-style-type: none"> • Tenants http://projectacademy.org/Documents/tenets-projectacademy-03222017.pdf
8 hr	About you	<p>Branding</p> <p>Video https://www.youtube.com/watch?v=QwMjvZfH3H4</p> <p>Creating a brand for the individual-</p> <ul style="list-style-type: none"> • Strength & Goals • Video, doing your brand statement • Interpersonal skills Attitude \Hand-shake Inter-personal <p>http://projectacademy.org/trainer/bb1-icebreaker.html</p>
4 hr	<i>know your customer- Their needs</i>	<p>Discuss Corp Culture and expectations</p> <ul style="list-style-type: none"> • Organization • Expectations, Professionalism • Learning – Curiosity <p>http://www.projectacademy.org/Documents/ownership-mindset-10272018.pdf</p>
16 hr	Your inner strength	<p>Review the importance of your Attitude and Social & Emotional thoughts</p>



Est. Time	Label	Detail							
		<p>http://www.projectacademy.org/resources/docs/skills-set-SEL-05092018.pdf</p> <p style="text-align: center;">Master Your Life Aptitudes</p> <table border="1" style="width: 100%; text-align: center;"> <tr> <td style="width: 50%; vertical-align: top;"> <p>Inner</p> <p>Self Awareness:</p> <ul style="list-style-type: none"> • Awareness of your emotions • Accurately knowing yourself • Self-Confidence </td> <td style="width: 50%; vertical-align: top;"> <p>Outer</p> <p>Social Awareness:</p> <ul style="list-style-type: none"> • Understanding others • Understanding of group behaviour & motivations • Service Orientation </td> </tr> <tr> <td style="vertical-align: middle;"> <p>↓</p> </td> <td style="vertical-align: middle;"> <p>↓</p> </td> </tr> <tr> <td style="vertical-align: top;"> <p>Self Management:</p> <ul style="list-style-type: none"> • Managing Emotions & Impulses • Adaptability & Creativity • Motivation & Self-discipline • Wise actions • Initiative </td> <td style="vertical-align: top;"> <p>Strong Relationships:</p> <ul style="list-style-type: none"> • Clear communicator • Elevates others • Ability to influence & Manage conflicts • Builds Bonds & Collaborates </td> </tr> </table> <p style="text-align: right; font-size: small;">howtomasteryourlife.com</p>		<p>Inner</p> <p>Self Awareness:</p> <ul style="list-style-type: none"> • Awareness of your emotions • Accurately knowing yourself • Self-Confidence 	<p>Outer</p> <p>Social Awareness:</p> <ul style="list-style-type: none"> • Understanding others • Understanding of group behaviour & motivations • Service Orientation 	<p>↓</p>	<p>↓</p>	<p>Self Management:</p> <ul style="list-style-type: none"> • Managing Emotions & Impulses • Adaptability & Creativity • Motivation & Self-discipline • Wise actions • Initiative 	<p>Strong Relationships:</p> <ul style="list-style-type: none"> • Clear communicator • Elevates others • Ability to influence & Manage conflicts • Builds Bonds & Collaborates
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8 hr	<p>Mindset thinking</p> <p>Questions are the answer</p>	<table border="1" style="width: 100%;"> <tr> <td style="width: 20%;">Ownership</td> <td>Think like an owner</td> </tr> <tr> <td>Growth</td> <td>The brain is like a muscle, use it or lose it</td> </tr> <tr> <td>Engineering</td> <td>Manage tasks around a project</td> </tr> </table>	Ownership	Think like an owner	Growth	The brain is like a muscle, use it or lose it	Engineering	Manage tasks around a project	
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		<p>http://www.projectacademy.org/</p>							

8 hr	<p>Life-Skills discussion</p> <p>Trust, Respect, Empathy, Listening,</p>	<ul style="list-style-type: none"> • Creative & critical thinking, Learning skills • Wisdom- good decisions and taking the path that provides value to all (society) Curiosity is a strength within the virtue category of wisdom, one of six virtues that subcategorize the
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	<p>Independence, Collaboration, Kindness, Taking Risks, Boldness, Creativity, Learning attitude, Work ethics, Communications skills, Decision making</p>	<p>24 strengths. Wisdom describes strengths that help you gather and use knowledge. The other strengths in Wisdom are creativity , curiosity , judgment , love of learning , and perspective .</p> <ul style="list-style-type: none"> ● Community- People and relationships count ● Social justice- leaving the world a better place than you found it ● Purpose- Sense of direction that you achieve, the goals you set <p>http://www.projectacademy.org/resources/docs/global-age_skills.pdf</p>
<p>4 Hr</p>	<p>Curiosity</p>	<p>The power of curiosity.</p> <ul style="list-style-type: none"> ● When we aren't curious, we don't listen. ● When we aren't curious, we are unable to have an open-minded point of view. ● When we aren't curious, we don't bother asking questions. ● When we aren't curious, we tell, judge, criticize, blame, and shame
		

68 hours

Two week introduction

