| Who we are Goals \& Strengths | See next page |
| :---: | :---: |
| Being happy about yourself |  |
| Social \& Emotional learning | Self-Awareness |
|  | Self-Management |
|  | Social Awareness |
|  | Relationships |
| Questions | 5 W and H ( Why, What, When, Where, Whom and How ) |
| Teams | Values, Charter, Culture |
| Tools Ownership of our future | Info Mapping |
|  | Our Brand |
|  | Communication |
|  | Time management |
| Picking a Problem | Are we solving the right problem? |
| Defining the Problem | Questions |
|  | Breaking it into parts |
|  | Measurements |

## 1. Team Values:

| Trust | Honesty | Listening |
| :--- | :--- | :--- |
| Empathy | Respect | Self-control |
| Critical thinking | Creativity | Innovative |
| Commitment | Curiosity |  |

## Sacred-skills 02/15/2020

| Sacred thoughts | Elements |
| :--- | :--- |
| Wisdom: good decisions and taking the <br> path that provides value to all (society) | Thinking skills (creative, critical, system), SEL <br> learning, Decision making, Reflection, <br> Innovation |
| Community: People and relationships <br> count | Listening skills, communication skills, <br> teamwork, Interpersonal skills, Relationship, <br> Measurements, |
| Social justice: leaving the world a <br> better place than you found it | Problem solving skills, Positive outlook, <br> Curiosity, Process skills, Executive functions |
| Purpose: Sense of direction that you <br> achieve, the goals you set | Put first things first, Pro-active outlook, Begin <br> with the ends in mind, and Win-win for all, <br> Time-management, Project planning |

## Dahlia's Goals 4/3/2020

| Goal | Measure | Time line |
| :---: | :---: | :---: |
| 1. work on my French <br> accent |  |  |
| 2. to meditate more |  |  |
| 3. to get better at frisbee |  |  |

My strengths are helping people, being patient, and writing.

## Emma's Goals 4/7/2020

| Goal | Measure | Time line |
| :---: | :---: | :---: |
| 4. Get better at Soccer |  |  |
| 5. Get better a Science |  |  |
| 6. Get better at Math |  |  |

My strengths are : creativity, basketball, art

